

Dear friends,

In recent times, we frequently hear accounts of healthcare workers showing signs of fatigue and discouragement. With the rising number of cases to manage and a deteriorating global situation, both authorities and healthcare workers are putting in longer hours to manage the situation. Over time, this would inevitably have its toll on our physical, spiritual and emotional state. There are many amongst them who are followers of Christ. May I encourage us all to continue praying for them and send words of encouragement to those whom we personally know are engaged at the frontlines. If you would like to or know someone who would like to speak with our Chaplain, a senior doctor or CMDF Committee Member, please email us at [admin@cmdf.com.sg](mailto:admin@cmdf.com.sg). We will be glad to lend a listening ear.

As I observe how the COVID situation has wrecked many economies and impacted the health of many, I am reminded of the story of Job of the bible. He too suffered great material loss and bodily afflictions. Yet, in the midst of his suffering, he chose to bless the name of the Lord (Job 1:21). While the Lord's intentions in allowing the damage caused by COVID may not be presently clear to us, we are assured that all things work for the good of those who love God, who are called according to His purpose (Romans 8:28). We are also reminded by the Apostle Paul that nothing can separate us from the love of Christ. For we are more than conquerors through Him who loved us (Romans 8:35-39). Therefore, let us not focus on the temporal things that may be lost but on the exceeding riches that we have gained through Christ our Lord.

In line with the guidelines by the authorities, all CMDF events will be temporarily suspended or moved to an online platform. The student organisers for the 2<sup>nd</sup> Healthcare in Missions (HIM) conference are working on an online format. More details will be released soon.

May this season of challenge and testing draw us closer to Him and to each other.