

## From the Chaplain's Desk

By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done. (Genesis 2:2-3 NIV)

Dear friends,

Most if not all of us in healthcare take our work seriously. Indeed we should. We are at the frontline caring for lives. The danger however is that we take our work so seriously we allow ourselves to be defined by our work. Subconsciously we may slip into the idolatry of work.

While it is true that God has given us important work, He values us for who we are not because of what we do. We need to learn and relearn this truth so that secure in His love, we can do our work healthily, not to earn His blessings but to be a channel of His blessings to others.

This is the focus of this video devotion.

<https://www.youtube.com/watch?v=JfSdMvuex-s&feature=youtu.be>

Blessings,

Soo Inn

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