

From the Chaplain's Desk

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”
(Matthew 11: 28 - 30 NIV)

Dear friends,

This is a demanding time for many of us, some more than others. In the midst of our fatigue, Jesus is calling us to come to Him to receive rest from Him.

Here is a short meditation that I hope will speak to you.

<https://www.youtube.com/watch?v=f2n8Z-rsPls>

Your brother,
Soo Inn

Chaplain,
CMDf Singapore

8 April 2020